



# SDCAS Newsletter

November/December 2010 ISSN 0897-2478 Volume 38, Number 6

The mission of the San Diego County Archaeological Society is to promote public understanding and appreciation of archaeology in general and to encourage the preservation of the cultural resources of San Diego County.

## Calendar

*Support your Society! Items in boxes are SDCAS-organized or sponsored events*

**November 13 (1 p.m.) Oceanside Library**  
Native American Heritage Month Event  
See announcement inside (Pg. 6)

**November 13 (7:30 p.m.) Borrego Springs Performing Arts Center**  
Lecture: The Garra Uprising...  
See announcement inside (Pg. 6)

**November 13 (8:30 a.m.) College of the Desert**  
Coachella Valley Archaeological Society 16th Annual Archaeological Symposium  
For more info: 760-321-2133 or  
[http://www.cvarch.org/Local\\_Events.html](http://www.cvarch.org/Local_Events.html)

**November 19 (Noon) San Diego Archaeological Center**  
Lunchtime Lecture: "Check it out: An Update on the Library Collections of the San Diego Archaeological Center"  
Speaker: Suzanne Moramarco

**November 21 (1 p.m.) Presidio Park**  
Native American Heritage Month Celebration  
See announcement inside (Pg. 6)

**November 23 (7:30 p.m.) Los Peñasquitos**  
SDCAS 4th Tuesday Lecture  
Speaker: Cheryl Hinton  
"Shahuuk Matwam Nyuk Pekwilly—  
Ten Years Have Passed"  
See announcement inside (Pg. 5)

**November 27 (9 a.m.) Anza-Borrego Desert State Park**  
2nd Annual Botany Festival  
Includes lectures on  
Native American uses of plants  
See announcement inside (Pg. 3)

**November 27 (10 a.m.) Barona Museum**  
SDCAS Tour  
See announcement inside (Pg. 3)

**December 5 (8:30 a.m.) Anza-Borrego Desert State Park**  
ABF Hike: Clark Lake Petroglyphs  
See announcement inside (Pg. 6)

**December 5 (10 a.m.) San Pasqual Battlefield**  
Re-enactment of 1846 Battle of San Pasqual  
Free Admission & Parking  
For more info: 760-737-2201 or  
[http://www.parks.ca.gov/?page\\_id=655](http://www.parks.ca.gov/?page_id=655)

**December 11 (10 a.m.) San Diego Archaeological Center**  
Family Day  
See announcement inside (Pg. 3)

See under Members' News Corner inside for additional events

## HAPPY HOLIDAYS FROM SDCAS!

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**DISCLAIMER:** Articles printed in this newsletter are for the information of the members of the Society and do not necessarily represent the views or beliefs of the board members or the Society in general.

SDCAS Newsletter is published bimonthly by the San Diego County Archaeological Society, P.O. Box 81106, San Diego, California 92138. POSTMASTER: Send address changes to San Diego County Archaeological Society, P.O. Box 81106, San Diego, California 92138.

**MEETING INFO:** The SDCAS Office is located at Los Peñasquitos Ranch House. During the Fall, Winter, and Spring, General Meetings are held on the Fourth Tuesday of each month except December. During the Summer months (June, July, August) General Meetings are held on Saturday evenings, in the courtyard at the Ranch House (see pg. 5 for details of upcoming meetings).

Directions to Ranch House: From I-15 take Mercy Rd. west, turn right (north) onto Black Mountain Rd. and then take the first left into Los Peñasquitos Canyon Preserve. Follow the road all the way to the back (past Canyonside Community Park ball fields), and park either in the small parking area by the barn or along the edge of the dirt road.

Board Meetings take place on the third Tuesday of the month at 7pm at



the offices of California State Parks, Southern Service Center, 8885 Rio San Diego Dr. #201, San Diego, CA 92108.

## Editor's Message

November is Native American/American Indian Heritage Month. As President Obama said in his Proclamation for Native American Heritage Month: "For millennia before Europeans settled in North America, the indigenous peoples of this continent flourished with vibrant cultures and were the original stewards of the land. From generation to generation, they handed down invaluable cultural knowledge and rich traditions, which continue to thrive in Native American communities across our country today. During National Native American Heritage Month, we honor and celebrate their importance to our great Nation and our world" (<http://www.whitehouse.gov/the-press-office/2010/10/29/presidential-proclamation-national-native-american-heritage-month>).

As archaeologists and those interested in archaeology, we spend a lot of time studying the past material culture of the Native Americans, but we don't always think about their living descendants. Many of these descendants have kept alive or rekindled ancient traditions and it is important for us to have an understanding of their cultural traditions to better understand what the "artifacts" of their ancestors, and to appreciate the cultures out of which these artifacts were created.

There are a number of events being offered for Native American Heritage month. Our monthly meeting in November is about the Barona Museum and Culture Center (see page 5). I hope you are able to come learn about how the Kumeyaay at Barona are preserving and interpreting their culture. Plus, join SDCAS for a tour of the museum on November 27 (page 3).

**SUBMISSIONS:** Please send any articles, stories, accounts, news items, poems, photos, websites, cartoons, etc. to me at the address below (email works best). Digital documents are preferred, but others will be considered for inclusion. Any hard-copy item you wish returned (such as photos, slides, drawings, etc.) should be accompanied by a self-addressed, stamped envelope.

The submission deadline for the next issue is **December 31**. Please send all items to:

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8885 Rio San Diego Drive, Suite 270, San Diego, CA 92108  
Phone: 619-220-5329/FAX: 619-220-5400  
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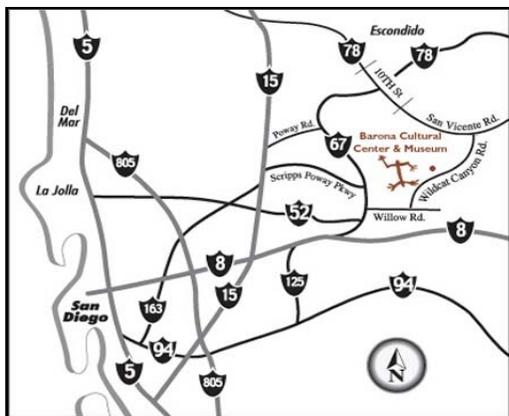
**SDCAS Website:**  
[www.sandiegoarchaeologicalsociety.com](http://www.sandiegoarchaeologicalsociety.com)

## Members' News Corner

### SDCAS Tour of Barona Museum

In conjunction with our November program by Cheryl Hinton (see page 5), she will be giving SDCAS members a tour of the Barona Cultural Center and Museum. Be sure to join us on November 27<sup>th</sup> at the Barona Museum at 10 a.m. for this tour of the exhibition *Shahuuk Matwam Nyuk Pekwilly—Ten Years Have Passed*, a retrospective look at our first ten years. This special tour will also provide SDCAS members a look at the new Research Center.

The museum is located at 1095 Barona Road, Lakeside, CA 92040.



### Native Foods, Medicines and Material

The San Diego Archaeological Center (SDAC), in partnership with the Kumeyaay-Ipai Interpretive Center (KIIC), is proud to announce two classes on Kumeyaay culture in early 2011.

Kristie Orozco, a Kumeyaay and accomplished resource manager for the San Pasqual Band of Indians, will conduct a series of classes on native foods, medicines and material at the SDAC and KIIC.

Ms. Orozco will take the participants through a journey of Kumeyaay history in San Diego County. She will describe their migratory patterns and explain why specific routes were taken. Ms. Orozco will explain and share how food and materials were used, and importantly, she'll share the secrets of which plants were used for medicinal purposes. This class is not to be missed! Contact Annemarie Cox ([acox@sandiegoarchaeology.org](mailto:acox@sandiegoarchaeology.org)), Center Programs Coordinator, to reserve your spot. Classes are limited to only 40 students!

Ms. Orozco graduated from CSU San Marcos with a B.A. in Environmental Studies and Native American Studies. Ms. Orozco's past and current involvement in the community includes the Balboa Park Indigenous Awareness Project, CSUSM and UCSD guest speaker for California Indian Day, USEPA Tribal programs workshop presenter, "California Tribes for the Protection of Indigenous Resources," and the USEPA Environmental Justice for Indigenous Communities.

#### Class 1:

Fall & Winter Foods, Materials and Native Medicines  
 Saturday, January 8, 2011, 10AM - 2PM  
 San Diego Archaeological Center, 16666 San Pasqual Valley Road, Escondido, CA 92027  
 760-291-0370

#### Class 2:

Spring & Summer Foods, Materials and Continued Discussions on Native Medicines  
 Saturday, March 12, 2010, 8:30AM - 12:30 PM  
 Kumeyaay-Ipai Interpretive Center, 13104 Ipai Waaypuk (Silver Lake Road), Poway, CA 92064  
 858-922-8043

Registration Fees: Members of KIIC or SDAC: \$40 for both classes; \$25 for one class. Non-members: \$75 for both classes; \$40 for one class.

Each class will start with a one hour indoor lecture and end with a two hour hands-on program. The last hour will be an informal Q & A session. The outside program may be moved inside in case of inclement weather.

Participants are encouraged to bring a sack lunch to eat while enjoying the beauty and serenity of the San Pasqual Valley or the KIIC. Snacks, drinks and water will be provided by the organizations.

### 2<sup>nd</sup> Annual Botany Festival

Cross-border plant specialists are the featured speakers at the 2<sup>nd</sup> Annual Botany Festival and Plant Sale that will be held at the Anza-Borrego Desert State Park Visitor Center on Saturday, November 27, 2010. Also scheduled are field trips, plant walks, a demonstration of the Native American use of plants, and a native plant sale. The lectures and demonstrations are free of charge and open to the public. The festival activities are continuous from 9 a.m. to 5 p.m.

Indigenous Indians of Baja California will share how plants have traditionally been used in their native villages in a morning lecture scheduled at 9:30 a.m. at the Park Visitor Center in Borrego Springs. At 12 noon, plant specialist R. Mitchel Beauchamp, author of *A Flora of San Diego County*, will present a lecture entitled, "Pretend There Is No Border-A Look at Plant Distributions in the Park and to the South."

The indigenous speakers include Kiliwa Tribal Chief Leonor Farlow who specializes in traditional foods and medicine and will be talking about the preparation of acorn coffee, chia, and prickly pear cactus. Daria Mariscal, who lives in the Paipai community of Santa Catarina and who is a potter who quarries her own clay, will be discussing the use of palm leaves and pine needles in traditional basketry making. Gloria Regino, who also lives in the Paipai community of Santa Catarina and makes palm and pine needle baskets, will discuss the traditional preparation of agave and willow. Horacio Gonzales Moncada, who is the liaison for indigenous groups in Baja California for CUNA (the Association to Preserve Native Cultures in Baja California), will be the translator. The indigenous speakers will be displaying their traditional crafts at the Visitor Center and will offer them for sale.

Activities scheduled in front of the Visitor Center throughout the day include a native plant sale, a demonstration of the Indian use of plants by volunteer Marge Hatcher, indigenous crafts presented by Baja California artisans, plant walks around the Visitor Center,

(Continued on page 5)

### Arch in the Park 2010 Photos

By Marla Mealey (photos by Marla Mealey & Jim Royle)

Saturday, October 16 started off a little misty and wet, but it quickly dried out although it remained overcast the rest of the day. But the weather did not dampen the spirits of the participants and attendees at SDCAS's annual Arch in the Park event. Kids of all ages came to learn about archaeology through games, exhibits, demonstrations, and tours, and to watch actual archaeological excavations being done by students from Palomar College. A big Thank You to all who participated, donated, or just came to enjoy this successful event!



## Upcoming Speakers

**November 23 (4th Tuesday Lecture), 7:30 p.m.  
Los Peñasquitos**

**Presenter: Cheryl Hinton**

**Title: "Shahuuk Matwam Nyuk Pekwilly—Ten Years Have Passed"**

It has been ten years since the Barona Cultural Center & Museum opened its doors, and more than two decades since Tribal members began planning for it. As the first curator of Agua Caliente's tribal museum and her work at Palm Springs Desert Museum and Museum of Man, Cheryl Hinton, was hired by the Barona Tribe in September 1999 and has been in the position on the reservation for 11 years as Director and Chief Curator. The Barona Museum Press has been established and the staff now includes seven professional positions. The Museum's collection has grown to over 3,000 objects and numerous photos and archival records. Due to this growth, the facility is now housed in two locations; this year the new Barona Museum Research Center opened. In her talk Cheryl will detail the successes and growing pains of this nationally-known Tribal Museum.



Also, be sure to join Cheryl on November 27<sup>th</sup> at the Barona Museum, when she will conduct a 10 a.m. tour for SDCAS of the exhibition that details it all, *Shahuuk Matwam Nyuk Pekwilly—Ten Years Have Passed*, a retrospective look at our first ten years. This special tour will also provide the group a look at the new Research Center.

Cheryl Hinton has been Director/Chief Curator of the Barona Cultural Center and Museum since 1999 and helped open the facility for the Barona Band of Mission Indians. She received her MA in Anthropology from San Diego State University and is a member of Phi Beta Kappa, American Anthropological Association, the American Association of Museums, and is the Vice President of the Western Museums Association and is a Grants Peer Reviewer for NEH and IMLS. In 2007, Cheryl was named Woman of the Year in Art and Culture by the San Diego/ East County Chamber of Commerce Women in Leadership Program. Her former museum experiences include Museum Anthropologist at the Palm Springs Desert Museum, first Curator for the Agua Caliente Tribal Museum in Palm Springs and Southwest Curator at the San Diego Museum of Man. As adjunct faculty at University of San Diego and Grossmont College in Anthropology and Cross-Cultural Studies, Cheryl specializes in Southern California Indians, from archaeology to contemporary culture; American Indian stereotypes; and repatriation (NAGPRA). (Her publications also appear under the name Cheryl Sanders Jeffrey). She and husband, folk musician Jim Hinton have developed and teach a class in "Irish Folksongs and the Stories They Tell."

**There is no December General Meeting. Hope you all have Happy Holidays!**

## Membership News

By Carol Serr, Membership Chair

Welcome new member: *Natalie Brodie*. We hope to see you at our general meetings. Remember, anyone who gives a presentation at one of our monthly meetings earns a complimentary (free) annual membership (or renewal).

Membership renewal time began October 1st, for the 2010-2011 year. So far, less than one-quarter of our members have renewed for this year. Please continue your support to SDCAS by **renewing** your dues **soon**. And we strongly encourage you to invite co-workers, friends, and relatives to **join** SDCAS so they can participate on outings along with you, and enjoy our informative monthly meetings. Membership dues (and occasional donations) are our only means of raising funds for putting on our annual **Arch in the Park** educational event. Thank you for your continued support.

We appreciate those who allow us to send our electronic newsletter via e-mail, saving SDCAS a lot on printing, postage, and label costs; and encourage others to please opt for this method. You receive the issue much sooner than if it is mailed. Please let us know your e-mail address (e-dress) if you have not shared it with SDCAS, since we also at times send out notices via e-mail in between newsletter issues. Your e-dress is *not* shared with the membership or other groups. If you have not gotten an e-mail from SDCAS, please send us an e-mail informing us of your current e-dress.

To contact Carol, e-mail [sdcas@email.com](mailto:sdcas@email.com) (please use "SDCAS" in the subject so it is not mistaken for SPAM and deleted)

## Members' News Corner

### 2<sup>nd</sup> Annual Botany Festival

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and the sale of a selection of garden books. All proceeds from the day's activities will benefit the Park Botany Society projects.

For those who might not be able to attend on Saturday, the Baja California artisans will also have their crafts for sale on Sunday.

### San Diego Archaeological Center's Family Day

Is your family, scout troop or youth organization looking for a fun way to spend a few hours together on a beautiful December day? Discover the San Diego Archaeological Center's (16666 San Pasqual Valley Road, Escondido, CA 92027) Culture Classroom as it is transformed into a "Family Holiday Workshop" on December 11 from 10:00 a.m. - 1 p.m.

Participants both young and young-at-heart will enjoy hands-on experiences with natural resources such as clay and raffia. Fabric, glue and glitter are also provided for constructing Victorian era items. Combining imagination and personal style, each person will have the opportunity to create unique pieces, perfect keepsakes for holiday gifts.

Bracelets, sculptures, vases, pendants, and sachets are waiting to be created for favorite teachers, friends and family members. Recipients will delight in receiving a one of a kind present created by a child's hand.

Center volunteers will be on hand to guide the participants with their projects. Festive holiday wrapping will also be available for the participants to keep their gifts a surprise.

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## Members' News Corner

### San Diego Archaeological Center's Family Day

(Continued from page 5)

All visitors to the Center Museum on Saturday, December 11 are invited to enjoy a mug of hot cocoa or cider and cookies provided by Center Board of Trustees. No reservations are required for this event.

Admission to this activity is free with Center Museum admission, \$2 per person or \$5 per family. As always Center members enjoy this event at no cost. Become a member on the day of the program and enjoy discounts on this and many events to come in 2011.

### SDSU Experimental Theatre Production: "TOMBS of the VANISHING INDIAN"

On Tuesday, November 16, at 7:30pm. The SDSU Experimental Theatre will give a production of "Tombs of the Vanishing Indian" by Marie Clements (Metis). This program is sponsored by the SDSU: Cross-Cultural Center, Department of American Indian Studies, School of Theatre, Film, and Television, & Native Voices Theatre Company.

For more information contact the SDSU Dept. of American Indian Studies at 619-594-6991

### Native American Heritage Month Event

Free Event at the Oceanside Library (330 North Coast Highway, Oceanside, CA 92054) on Saturday, November 13 at 1:00 p.m. Gordon Johnson, author of *Fast Cars and Frybread* speaks at 2 p.m., storyteller Cathleen Chilcote Wallace tells tales at 3:30 p.m., and there will be drumming, basketry, & refreshments. For more information, please call: 760-435-5600.

### Native American Heritage Month Celebration: Kupa Song & Dance Performance, Presented by the Pala Band of Mission Indians

Join the San Diego History Center and Celebrate Native American Heritage Month with this special song and dance performance by the Kupa Song and Dance group from the Pala Band of Mission Indians.



This event is on November 21, 2010 from 1:00 p.m. - 2:30 p.m. at the Junipero Serra Museum: 2727 Presidio Drive, Presidio Park. There is no cost for this event but Museum admission is additional.

### Lecture: The Garra Uprising: Indians Make a Stand in San Diego County

Come to the Borrego Springs Performing Arts Center (590 Palm Canyon Drive, Borrego Springs, CA 92004) on Saturday, November 13 from 7:30 to 9:00 p.m. to learn about Antonio Garra and the band of Native Americans who dared to fight back (unsuccessfully) in 1852. Dr. George Harwood Phillips is the author of *Chiefs and Challengers: Indian Resistance and Cooperation in Southern California* and other books exploring Native American history and will sign copies of his books after the lecture. \$5 suggested donation. No registration required.

### Agua Caliente Spirit Keepers Program: Taking Care of the Land

Tuesday, November 16, 2010, 6:30 pm. California State University, San Bernardino, Palm Desert Campus, Indian Wells Theater, 37500 Cook Street, Palm Desert. Free Admission and Parking.

Dennis Martinez (O'odham/Chicano/Swedish descendant) is a well-known speaker and writer who has worked in eco-cultural restoration for nearly 39 years. His lecture will focus on ways of caring for the land from a Native perspective. He is Founder and Co-Chair of the Indigenous People's Restoration Network of the Society for Ecological Restoration International, working with community-based Indigenous peoples on cultural rights, resource protection, climate change, forest restoration, and bridging western science with traditional ecological knowledge. Dennis has received awards in restoration and social justice, and is a recipient of the Ecotrust-Buffer Award for Indigenous Conservation Leadership in the Northwest.

### The Anza-Borrego Foundation Class/Tour: Milling Around Mine Wash

Join Volunteer Archaeologist and Certified Naturalist Hank Barber on November 21, 2010 from 10:00am - 2:00pm in Mine Wash for a fascinating and unforgettable look at how the ingenious desert Indians used plants for food, clothing, shelter and medicine.

During this trip we will be discussing how the Indians used mesquite, agave, creosote and other plants.



We'll stop at a mesquite grove in Yaqui Well, then visit an important ancient Kumeyaay village site at Mine Wash. We'll see hundreds of bedrock mortars, slicks, basins and rubs that were used for milling food, as well as other features.

Please bring lunch, hat and ample water. High clearance, 2-wheel drive is okay. Meet in the outer area of the Anza-Borrego Desert State Park Visitor Center parking lot.

Cost is \$15; please sign up in advance. To sign up, please visit the website at <http://theabf.org/events/classes>. Or for more information contact the ABF at P.O. Box 2001, Borrego Springs, CA 92004. Email: [info@theabf.org](mailto:info@theabf.org) phone: 760-767-0446

### The Anza-Borrego Foundation Class/Hike: Clark Lake Petroglyphs

On December 05, 2010 from 8:30am - 1:00pm, we will be hiking across the desert floor, into and out of the wash bottoms, to the Clark Lake Petroglyph site. This site lies at the base of the Santa Rosa Mountains just east of the mouth of Rockhouse canyon. The petroglyphs, interpreted as an early Cahuilla type, are pecked into the reddish-brown patina of the boulders at the base of the mountains. Other significant features are located nearby.

The hike is a moderate 2.5 - 3 miles round trip. Wear comfortable hiking shoes and bring water and a snack. 4WD is desired although a high clearance vehicle can

(Continued on page 11)

## Cemeteries, Covered Bridges, Caves, & Color

### An October Trip Through New England

By Marla Mealey

This Fall, my mom and I decided to take a trip to New England, to visit some friends and relatives and to try to catch some of the fabled Fall color that corner of the country is famous for. We started in upstate New York where my Aunt and Uncle live. Their house is over 150 years old, although it has been added on to a few times since it was originally built. We arrived there after dark on Oct. 2. I woke up the next morning to see the bright red leaves of the old maple in my Aunt and Uncle's back yard peeking through the window. My first New England Fall color. What a great thing to wake up to.

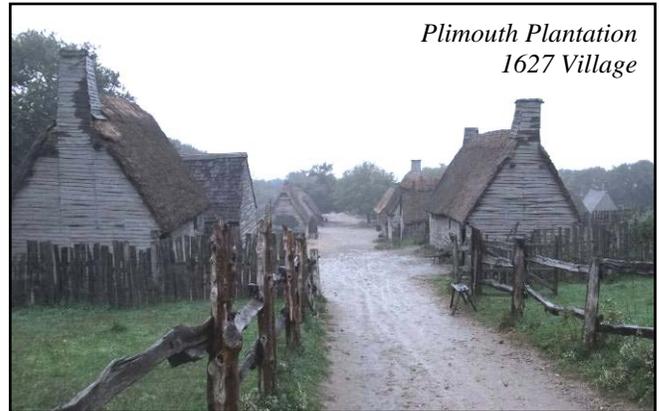
We headed down towards New York City, stopping in Cold Spring, NY to visit an old friend we knew from San Diego. We stayed with her the second night and the next day took the train down into the city. I had been to New York City before, but one thing I had never done, was visit the Statue of Liberty and Ellis Island. It was a little drizzly that day, so the lines weren't too long at the ferry terminal. The statue was an impressive sight. We weren't able to go all the way up to the crown (apparently you have to make reservations 4 months in advance for that), but we were able to get into the museum and the observation deck. We continued on to Ellis Island and looked at the exhibits there. I especially was taken by the historic graffiti on the walls, some of which the National Park Service had preserved and interpreted. Along with names and sayings in various languages, there were simple drawings, almost like pictographs in pencil, which I wondered over their meaning and message.



*Ellis Island Graffiti*

The next day we drove across Connecticut and Rhode Island to Massachusetts, where my mom's cousin lives. She and her husband took us down to Plymouth where we saw Plimouth Plantation, Plymouth Rock, and the Mayflower II. Plimouth Plantation is a living history park with a reconstructed 1627 Pilgrim village and Wampanoag home site as well as an interpretive and education center. The weather was still rainy, so there weren't too many tourists visiting the park, meaning we had it practically to ourselves. That gave it a nice aura of reality. The Wampanoag were friendly and informative, acting as interpreters and educators of the traditional Wampanoag way of life during the 1600s. The actors portraying the Pilgrims were also friendly, but seemed a bit bored with being stuck inside their recreated houses on

such a dreary day. They stayed in character, responding to our claims of being from California with "I don't know where that is" or "is that in Spain?", but also managed to tell us some educational information about their "lives" and what their roles were in the village.



*Plimouth Plantation  
1627 Village*

"Plymouth Rock" was a little underwhelming. It is in a hole in a fenced off area under a huge columned covering, and looks very small in comparison. My mom's cousin's husband said he remembered the rock being larger when he was a kid, and that back before they had engaged it people would chip off pieces of it as mementos. The Mayflower II is a replica of the ship that brought the pilgrims to America in 1620, but due to the weather and time, we didn't get to actually go on the ship.

Our next stop was Boston. We were going to walk the Freedom Trail, regardless of the weather, which was rainy and windy the whole day. We started in the middle, finding parking near Faneuil Hall. At Faneuil Hall I saw there was an archaeological dig in progress, but due to the weather, it was covered up and no one was there [however, I discovered a radio story online regarding the dig, and have included a short summary on page 9]. After Faneuil Hall we headed northeast and saw Paul Revere's house, the Old North Church, and Copp's Hill Burying Grounds. Due to the weather we decided not to cross the bridge to see Bunker Hill, so we headed back and ate lunch at Ye Old Union Oyster House, the oldest continuously operating restaurant in the US.



*King's Chapel Burying  
Ground*

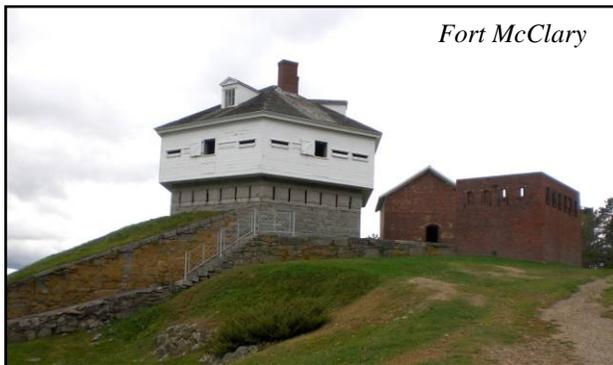
(Continued on page 8)

## Cemeteries, Covered Bridges, Caves, & Color

(Continued from page 7)

After lunch we did the other half of the Freedom trail, seeing the Old South Meeting House, the site of the oldest public school, King's Chapel, and three more Burying Grounds (King's, Granary, and Central). We ended our day at Boston Commons. By then we were wet and tired so we headed back to my mom's cousin's house for the night.

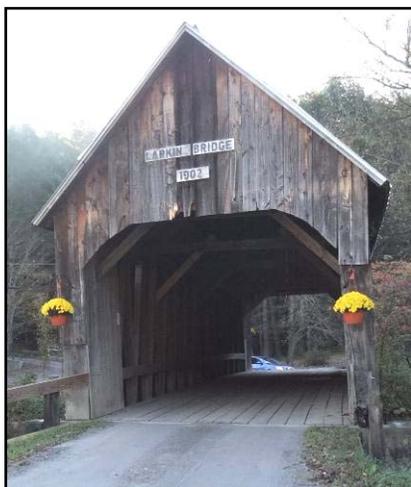
The following day my mom and I drove north into New Hampshire and then into Maine. We stopped for the best lobster rolls ever at the Hebert Brothers Fish Market in Kittery. After lunch we headed out to Fort McClary. This fort was built in the early 1800s and was used during the War of 1812, Civil War, Spanish-American War, and World War I. An earlier fort at this location was used during the Revolutionary War. On the way to Fort McClary, we stopped at an old church and its small graveyard. The Church was built in 1714 and there were some headstones in the cemetery from the 1700s as well.



Fort McClary

From Maine we headed back west into New Hampshire and across to Vermont. We didn't spend much time in New Hampshire, just stopped at a few antique shops and got one good scenic view from a rest stop. We spent the night just across the border into Vermont at White River Junction. Had a really good dinner at an old factory warehouse converted into a wine bar/restaurant.

The next morning we headed up towards Barre, VT. We decided to take a back road that our map showed had a number of covered bridges along it. We drove by about four of them before we had a chance to stop. That one was dated 1902. The next one was 1883. Saw some beautiful scenery too in the back country of Vermont.



Our next stop was a cemetery in Barre. Something I had read online indicated that it was an interesting place for



Barre Cemetery

carved granite headstones and monuments, being so close to the granite quarries just outside Barre. That indeed was the case. Headstones with beautiful carvings of

flowers, angels, crosses, and pastoral scenes were interspersed with headstones depicting biplanes, race cars, chains, dice, and other whimsical carvings. After the cemetery we headed north to Cabot Creamery and toured the cheese factory. We got some yummy samples of very sharp cheddar cheese. After Cabot, we needed dessert, so we went over towards Montpelier to Morse Farm Maple Sugarworks and sampled some maple syrup. We drove through Montpelier, but didn't stop. Headed south to Northfield Falls, where we saw four more covered bridges (1870s era). Then we continued south and west to get back to my Uncle's house in New York.



Old First Church

My other Aunt and Uncle from Nebraska had arrived, so the following day we all headed back to Vermont to see some more scenery. We stopped at the Old First Church of Bennington, VT and saw Robert Frost's grave. There is a tradition I haven't seen before, of placing pennies on famous people's graves. We saw it in Boston at Paul Revere's grave and Mary "Mother" Goose's grave, and we saw it at Robert Frost's grave too. Besides Frost's grave there were graves of Revolutionary War patriots and many British and Hessian soldiers killed in the battle of Bennington.

After Bennington we headed north to Arlington, VT and saw a couple of older buildings from the time of the Revolutionary War. One said it had been used as a hiding place for the "Tories" during the war and the mill right next door was built in 1764 by one of the "Green Mountain Boys". Both had plaques saying they were on the National Register.

(Continued on page 9)

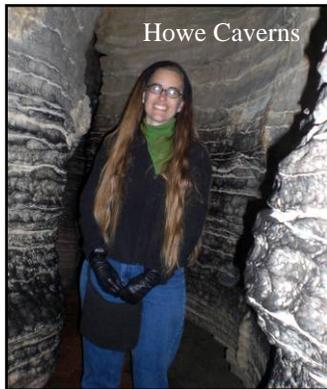


Frost's Grave

## Cemeteries, Covered Bridges, Caves, & Color

(Continued from page 7)

The following day we went north to Lake George, NY then spent the afternoon visiting family. An Expedition to Howe Caverns took up much of the next day. Howe Caverns is a cave system that was first developed into a tourist stop back in the late 1800s. It is unusual among other caves that I've been to, in that it includes a boat ride.



On our final day in New York we drove down to Albany and saw the Erie Canal, Cohoes Falls, the "Mohawk Riv-er" (seriously, there was a sign along the road that said "Mohawk Riv-" on the top and "er" on the bottom – you'd think they could have made the sign a little wider or just put "River" on the bottom in its entirety), and Saratoga National Historic Park. We finally found some spectacular Fall colors at Saratoga NHP. Guess the wind and rain storms hadn't done as much damage there as they had in the other places we'd been. We did the driving tour of Saratoga NHP and saw the Revolutionary War battlefields, battlements, the "Boot Monument" (commemorating the place where Benedict Arnold received a leg wound), and some reconstructed farm houses. There were some beautiful views along the Hudson River, and we even learned a bit of history from the interpretive signs and the museum.



All in all it was a wonderful trip. We actually stopped at a total of nine cemeteries, but we passed a great number of others during all our driving around. Similarly, we stopped at eight covered bridges, and saw at least six or seven others from the car. We only made it to one cave, but at least it had the boat ride as an unusual gimmick. And even though there are a few trees here in San Diego that do change color, the reds back there are so colorful in that crisp New England air that they seem even more vibrant. So, if you are interested in early US history, or if you like cemeteries and carvings on headstones, or if you just want to see some beautiful scenery, then head up to New England. I recommend it.

## Archeologists Find Relics of Triangle Trade Beneath Faneuil Hall

By Adam Ragusea, Radio Boston, WBUR, Nov 4, 2010



Listen to the radio show online at:  
<http://www.wbur.org/2010/11/04/faneuil-hall>

Summary by Marla Mealey

The National Parks Service is doing renovations to Faneuil Hall and wants to install a new staircase. Due to where the staircase is going to go, they need to dig a 10x10-foot hole. Federal Laws require archaeological investigations of this excavation.

What they have found in the hole indicates that this area was part of a wharf in 1728, and the way some of the beams are located, indicates that it may be even older than that. There was a natural cove in this area that was converted into a wharf. Back then this part of the city was a market area with docks for loading and unloading goods. As the city expanded, they filled in the old wharf. When they were filling it in, people started throwing their garbage in there.

University of Massachusetts, Boston students are helping with the excavation. They have found lots of bones (including some that have been carved), fragments of ceramic mugs, wine bottles, pipes, etc. There is excellent preservation due to the moisture and clay, such that they even found bits of rope. They are also finding numerous oyster shells and lots of ceramics, indicating someone was either selling or producing ceramics in this area.

Early 18th century was Boston's peak prominence in Atlantic commerce. They have found a piece of flint ballast rock, coral from the West Indies, etc. indicating the scope of trade going on here.

This trash that they're finding is a sample of the material culture of the time and is a rare glimpse into people's everyday lives. Most of the artifacts we see in museums have passed through a "filter" because they represent intentional curation of materials that were thought might interest future generations. But the items from the dig were last handled by people living and working in the Boston waterfront in the early 18th century.

What the excavated materials can tell archaeologists about that time in history is important. Even if you didn't know any of the history of the area, you could figure out things like the entire "Triangle Trade" story based on what was being uncovered in that hole.

## Members' News Corner

### **The Anza-Borrego Foundation Class/Hike: Clark Lake Petroglyphs**

(Continued from page 6)

make the drive into the starting point. All vehicles OK. We will meet at the Pegleg Monument (junction of S22 and Henderson Canyon Rd.).

The leaders, Chuck and Mary Bennett, are park volunteers participating in the archaeological work being conducted by the Colorado Desert Archaeological Society. Both are former Sierra Club Outing Leaders and have led trips in the US, Mexico and New Zealand.

Cost is \$35 (\$25 for ABF members). To sign up, please visit the website at <http://theabf.org/events/classes>. Or for more information contact the ABF at P.O. Box 2001, Borrego Springs, CA 92004. Email: [info@theabf.org](mailto:info@theabf.org) phone: 760-767-0446.



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 How did you hear about us? \_\_\_\_\_

**Code of Ethics**

1. The collecting in any manner of archaeological material or data shall be done using contemporary scientific techniques, and shall have as its express purpose the finding and dissemination of information relative to the history and prehistory of California.
2. Provisions shall be made for the housing of archaeological materials and data in accordance with accepted professional practices, and such materials and data shall be made available to qualified individuals through accumulated field notes and records or to the general profession through the publication of findings.
3. The gathering of archaeological specimens or the destruction of archaeological sites for purposes of selling artifacts or personal acquisition shall in all cases be forbidden and shall subject member to expulsion proceedings.

All members will adhere to this Society’s Code of Ethics, and to State, Federal, and International Antiquities Laws.

I have read and agree to abide by the above Code of Ethics.  
 Signature \_\_\_\_\_ Date \_\_\_\_\_

Sponsor\* \_\_\_\_\_ Date \_\_\_\_\_  
 \* Persons under 18 years of age must be sponsored by an adult SDCAS member

Please send completed form and payment to San Diego County Archaeological Society, P.O. Box 81106, San Diego, CA 92138.

The SDCAS membership year begins **October 1**. Please check the membership desired and enclose payment for the amount shown in the table below. Membership is subject to approval of the Board of Directors.

	1-Year*
_____ Individual	\$30.00
_____ Family	\$40.00
_____ Student	\$15.00
_____ Institutional (Company, University, College, Etc.) (non voting)	\$25.00
_____ Life	\$300.00

\* **New Members Only:** half-year rates (at ½ the full-year price) are available after April 1.  
 Check here for ½-year rates.  Check here for Renewal